

2025 Trampoline and Tumbling State Championships
April 18-19, 2025

Friday April 18th Double Mini

8:00-8:55 Open Training Level 9-Elite

Session 1, Level 9-Elite Qualification	DMT 1		DMT 2	
	Time	Group	Time	Group
	9:00	M Jr, YE, Level 10 Age 13+		
	9:25	M Sr Elite		
	9:45	M Open	10:00	W Level 10 Age 11-14
	10:05	W Sr, Int, Open	10:15	W Level 10 Age 15-16
	10:25	W Level 9 Age 11-12	10:30	W Level 9 Age 13 FL. 1
	10:50	W Level 9 Age 15+ FL. 1	10:55	W Level 9 Age 13 FL. 2
	11:15	W Level 9 Age 15+ FL. 2	11:20	W Y-Elite, Jr Elite
	11:35	M Level 9 Age 10U and 11-12	11:35	W Level 9 Age 14 FL. 1
	11:55	M Level 9 Age 13-14, 15+	11:55	W Level 9 Age 14 FL. 2

Session 2, Level 3-8 Women Age 15+ and Men Age 13+	12:30	M Level 8 Age 15+	12:30	M Level 5 and 6 age 13+
	12:50	M Level 8 Age 13-14	12:50	M Level 7 Age 13-14
	1:10	W Level 8 Age 15 FL. 1	1:00	W Level 8 Age 17+
	1:25	W Level 8 Age 15 FL. 2	1:25	W Level 6 Age 15+
	1:40	W Level 8 Age 16 FL. 1	1:35	W Level 7 Age 15+
	2:00	W Level 8 Age 16 FL. 2	2:00	W Level 5 Age 15+
	2:20	W Level 4 Age 15+		

2:30 Lunch Break

Session 3, Level 3-8 Women Age 11	3:00	W Level 6 Age 11 FL. 1	3:00	W Level 7 Age 11
	3:30	W Level 6 Age 11 FL. 2	3:20	W Level 5 Age 11 FL. 1
	3:55	W Level 8 Age 11	3:40	W Level 5 Age 11 FL. 2
	4:20	W Level 4 Age 11 FL. 1	4:00	W Level 5 Age 11 FL. 3
	4:40	W Levels 3 & 4 Age 11 FL. 2	4:20	W Level 5 Age 11 FL. 4

Friday April 18th Double Mini

Session 4, Level 3-8 Women Age 12 & Men Age 11-12	5:00	M Level 8 Age 11-12	4:50	M level 6 and 7 Age 11-12
	5:30	W Level 8 Age 12 Fl. 1	5:15	M Levels 4 & 5 Age 11-12
	5:55	W Level 8 Age 12 Fl. 2	5:35	W Level 7 Age 12
	6:20	W Level 6 Age 12 Fl. 1	6:00	W Level 5 Age 12 Fl. 1
	6:40	W Level 6 age 12 Fl. 2	6:20	W Level 5 Age 12 Fl. 2
	7:00	W Level 6 Age 12 Fl. 3	6:40	W Level 5 Age 12 Fl. 3
			7:00	W Level 4 Age 12

7:20	Break
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7:15	Break
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Session 5, Level 3-8 Women Age 13-14	7:30	W Level 5 Age 13-14 Fl. 1	7:25	W Level 3 and 4 Age 13-14
	7:50	W Level 5 Age 13-14 Fl. 2	7:40	W Level 6 Age 13-14 Fl. 1
	8:15	W Level 8 Age 13	8:05	W Level 6 Age 13-14 Fl. 2
	8:45	W Level 8 Age 14 Fl. 1	8:30	W Level 7 Age 13-14
	9:10	W Level 8 Age 14 Fl. 2		

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Friday April 18th Trampoline

8:00-8:55 Open Training Level 9-Elite

Session 1, Level 9-Elite Qualification	Trampoline 1		Trampoline 2	Trampoline 2	
	Time	Group		Time	Group
	9:00	W Y-Elite, Jr Elite			
	9:20	M Open			
	9:40	M Y-Elite, Jr			
	10:05	M Sr, Int			
	10:35	W Open, Level 10 Age 15-16			
	10:50	M Level 9 all ages			
	11:20	M Level 10 all ages			
	11:40	W Level 10 age 11-12, 13-14		11:20	W Level 9 Age 11-12
	12:05	W Level 9 Age 13-14		11:40	W Level 9 Age 15+
Session 2, Level 3-8 Women Age 15+ & Men Age 13+	12:30	W Level 8 Age 15+ Fl. 1		12:00	M Level 8 Age 15+
	1:00	W Level 8 Age 15+ Fl. 2		12:15	W Level 7 Age 15+ Fl. 1
	1:30	M Level 5, 6 and 7 age 15+		12:35	W Level 7 Age 15+ Fl. 2
	1:45	M Level 7 and 8 Age 13-14		12:55	M Level 5 and 6 Age 13-14
				1:05	W Level 6 age 15+
				1:20	W Level 5 Age 15+
				1:40	W Level 4 Age 15+
2:15 Lunch Break					
Session 3, Women Level 3-8 Age 11	2:45	W Level 5 Age 11 Fl. 1		2:00	W Levels 7 & 8 Age 11
	3:05	W Level 5 Age 11 Fl. 2		2:30	W Level 6 Age 11 Fl. 1
	3:30	W Level 5 Age 11 Fl. 3		2:50	W Level 6 Age 11 Fl. 2
				3:10	W Level 4 Age 11
3:30 Lunch Break					

Friday April 18th Trampoline

Session 4, Women Level 3-8 Age 12, Men Level 3-8 Age 11-12	4:00	W Level 8 Age 12		4:00	W Level 7 Age 12
	4:15	W Level 6 Age 12 Fl. 1		4:25	W Level 5 Age 12 Fl. 1
	4:40	W Level 6 Age 12 FL. 2		4:45	W Level 5 Age 12 Fl. 2
	5:10	W Level 4 Age 12		5:05	W Level 5 Age 12 Fl. 3
	5:30	M Level 8 Age 11-12		5:35	M Level 7 Age 11-12
	5:45	M Level 6 Age 11-12		5:55	M Level 5 Age 11-12
	6:00	M Level 4 Age 11-12			
Session 5, Women Level 3-8 Age 13-14	6:15	Level 8 Age 13-14		6:15	W Level 5 Age 13-14 Fl. 1
	6:40	W Level 7 Age 13-14 Fl. 1		6:45	W Level 5 Age 13-14 Fl. 2
	7:00	W Level 7 Age 13-14 Fl. 2		7:15	W Level 6 Age 13-14 Fl. 1
	7:20	W Level 3 and 4 Age 13-14		7:35	W Level 6 Age 13-14 Fl. 2

2025 Trampoline and Tumbling State Championships

April 18-19, 2025

Friday April 18 Tumbling

8:00-8:55 Open Training Level 9-Elite

Session 1, Level 9-Elite Qualification	Tumbling 1		Tumbling 2	
	Time	Group	Time	Group
	9:00	M Sr, Jr Open		
	9:25	W Sr, Int, Open		
	9:55	W Jr Elite		
	10:15	W Y-Elite 13-14	10:00	M Level 9 Age 11-14
	10:45	M YE, Level 10 all ages	10:20	W Level 9 Age 13-14 Fl 1
	11:00	W YE, Levels 10 & 9 Age 11-12	10:45	W Level 9 Age 13-14 Fl. 2
	11:20	W Level 10 Age 13-16	11:05	M Level 9 Age 15+
			11:20	W Level 9 Age 15+

Session 2, Level 3-8 Women Age 15+ & Men Age 13+	11:40	W Level 8 Age 15+ Fl. 1	11:50	W Level 7 Age 15+
	12:10	W Level 8 Age 15+ Fl. 2	12:15	W Level 6 Age 16+ & Level 5 Age 15 +
	12:35	W Level 8 Age 15+ Fl. 3	12:35	W Level 6 Age 15 & Lv. 4 Age 15+
	1:00	M Level 8 Age 15+	1:10	M Level 5 & 6 age 13-14
	1:15	M Level 5, 6, and 7 age 15+	1:30	M Level 7 Age 13-14
	1:35	M Level 8 Age 13-14		

2:00 Lunch Break

Session 3, Level 3-8 Women Age 11	2:30	W Level 8 Age 11 Fl. 1	2:30	W Level 7 Age 11
	2:55	W Level 8 Age 11 Fl. 2	3:00	W Level 4 Age 11 Fl. 1
	3:20	W Level 6 Age 11 Fl. 1	3:25	W Level 4 Age 11 Fl. 2
	3:45	W Level 6 Age 11 Fl. 2	3:55	W Level 5 Age 11 Fl. 1
	4:15	W Level 3 Age 11	4:15	W Level 5 Age 11 Fl. 2

Friday April 18th Tumbling

Session 4, Level 3-8 Women Age 12 & Men Age 11-12

4:30	W Level 8 Age 12 Fl. 1
4:50	W Level 8 Age 12 Fl. 2
5:10	W Level 6 Age 12 Fl. 1
5:35	W Level 6 Age 12 Fl. 2
6:00	W Level 4 Age 12 Fl. 1
6:15	W Level 4 Age 12 Fl. 2
6:30	M Level 8 Age 11-12
7:00	M Level 5 and 6 Age 11-12

4:30	W Level 7 Age 12 Fl. 1
4:50	W Level 7 Age 12 Fl. 2
5:10	W Level 7 Age 12 Fl. 3
5:35	W Level 5 Age 12 Fl. 1
5:55	W Level 5 Age 12 Fl. 2
6:15	W Level 3 Age 12
6:25	M Level 7 Age 11-12
6:45	M level 3 and 4 Age 11-12

7:20 Break

7:10 Break

Session 5, Level 3-8 Women Age 13-14

7:30	W Level 8 Age 13 Fl. 1
7:55	W Level 8 Age 13 Fl. 2
8:20	W Level 8 Age 14 Fl. 1
8:40	W Level 8 Age 14 Fl. 2
9:00	W level 3 Age 13-14

7:20	W Level 7 Age 13-14 Fl. 1
7:40	W Level 7 Age 13-14 Fl. 2
8:00	W Level 6 Age 13 Fl. 1
8:20	W Level 6 Age 13 Fl. 2
8:40	W level 6 Age 14
9:00	W Level 5 Age 13-14
9:15	W Level 4 Age 13-14

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8:00-8:55 Open Training Level 9-Elite

Session 6, Level 3-8, Women Age 7-U	DMT 1		DMT 2	
	Time	Group	Time	Group
	8:00	W Level 3 Age 7 Fl. 1	8:00	W Level 4 Age 7 Fl. 1
	8:20	W Level 3 Age 7 Fl. 2	8:25	W Level 4 Age 7 Fl. 2
	8:40	W Level 5 Age 7	8:50	W Level 4 Age 6
	8:50	W Level 3 Age 6	9:10	W Level 3 Age 5-U

Session 7, Level 3-8 Women age 8 and Men age 7-U	9:20	W Level 6 Age 8	9:20	W Level 5 Age 8
	9:30	W Level 4 Age 8 Fl. 1	9:45	W Level 3 Age 8
	9:55	W Level 4 Age 8 Fl. 2	10:15	M Level 4 and 5 Age 7-8
	10:20	W Level 4 Age 8 Fl. 3	10:35	M Level 4 Age 6-U
	10:45	W Level 4 Age 8 Fl. 4		
	11:10	W Level 4 Age 8 Fl. 5		

11:30-12:00 Level 9-Elite Finals Open Training

12:00 Grand March-In of Teams

Session 8, Level 9-Elite Finals	1:00	Jr, YE, Level 10 Age 13-16 Men	1:25	Level 9 Age 13 Women
	1:25	Sr Men	1:50	Level 9 Age 14 Women
	1:50	Open Men	2:15	Level 10 Age 14-under Women
	2:15	Sr, Int, Open Women	2:30	Level 10 Age 15-16 Women
	2:35	Level 9 Age 11-12 Women	2:45	Jr, YE Women
	3:00	Level 9 Age 15+ Women	3:20	Level 9 Age 13+ Men
	3:20	Level 9 Age 12 and under Men		

Saturday April 19th Double Mini

Session 9, Level 3-8 Women Age 9	3:40	W Level 5 Age 9 Fl. 1		3:40	W Level 4 Age 9 Fl. 1
	4:00	W Level 5 Age 9 Fl. 2		4:05	W Level 4 Age 9 Fl. 2
	4:20	W Level 5 Age 9 Fl. 3		4:30	W Level 4 Age 9 Fl. 3
	4:40	W Level 3 Age 9		4:50	W Level 4 Age 9 Fl. 4
	4:50	W Level 6 Age 9		5:15	W Level 7 Age 9
	5:15	W Level 8 Age 9			

Session 10, Level 3-8 Women Age 10 and Men Age 9-10	5:30	M Level 6 Age 9-10		5:30	M Level 5 Age 9-10
	5:45	M Level 3 and 4 Age 9-10		5:45	W Level 7 Age 10
	6:05	W Level 8 Age 10		6:10	W Level 4 Age 10 Fl. 1
	6:20	W Level 5 Age 10 Fl. 1		6:35	W Level 4 Age 10 Fl. 2
	6:50	W Level 5 Age 10 Fl. 2		6:55	W Level 4 Age 10 Fl. 3
	7:20	W Level 5 Age 10 Fl. 3		7:15	W Level 4 Age 10 Fl. 4
				7:35	W Level 6 Age 10 Fl. 1
				8:00	W Level 6 Age 10 Fl. 2

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Saturday April 19th Trampoline

8:00-8:55 Open Training Level 9-Elite

Trampoline 1		
Session 6, Level 3-8, Women & Men Age 7-U	Time	Group
	8:00	W Level 4 Age 6, Level 5 Age 7
	8:20	M Levels 4 & 5 Age 8-U
	8:45	W Level 5 and 6 Age 8
	9:25	W Level 4 Age 7
Session 7, Level 3-8 Women age 8	9:50	W Level 4 Age 8 Fl. 1
	10:15	W Level 4 Age 8 Fl. 2
	10:35	W Levels 3 & 4 Age 8 Fl. 3

11:15 Level 9-Elite Finals Open Training

12:00 Grand March-In of Teams

Trampoline 2		
Session 8, Level 9-Elite Finals	1:00	Jr, YE Women
	1:20	Open Men
	1:40	Jr, YE Men
	2:05	Sr, Int Men
	2:35	Open, Level 10 Age 15-16 Women
	2:50	Level 9 Men All ages
	3:20	Level 10 Men All Ages
	3:40	Level 10 age 14-under Women
Session 9, Level 3-8 Women Age 9	4:00	W Level 8 Age 9
	4:10	W level 5 Age 9 Fl. 1
	4:35	W Level 5 Age 9 Fl. 2
	3:25	W Level 6 Age 9
	4:10	Break
	4:25	W Level 4 Age 9 Fl. 1
	4:50	W Level 4 Age 9 Fl. 2

Saturday April 19th Trampoline

Session 10, Level 3-8 Women Age 10 & Men Age 9-10	5:00	W Level 4 Age 10 Fl. 1
	5:20	W Level 4 Age 10 Fl. 2
	5:40	W Level 4 Age 10 Fl. 3
	6:00	M Level 4 Age 9-10
	6:15	M Level 5 and 6 Age 9-10
	6:35	W Level 6 Age 10
	7:05	W Level 7 and 8 Age 10
	7:20	W Level 5 Age 10 Fl. 1
	7:50	W Level 5 Age 10 Fl. 2

TRAMPOLINE & TUMBLING

STATE CHAMPIONSHIPS



2025 Trampoline and Tumbling State Championships
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Saturday April 19th Tumbling

8:00-8:55 Open Training Level 9-Elite

Session 6, Level 3-8, Women Age 7-U	Tumbling 1			Tumbling 2	
	Time	Group		Time	Group
	8:00	W Level 3 Age 5-U		8:00	W Level 3 Age 6
	8:10	W Level 4 Age 6U		8:25	W Level 5 Age 6
	8:30	W Level 3 Age 7		8:35	W Level 4 Age 7 Fl. 1
	8:50	W Level 5 Age 7		9:00	W Level 4 Age 7 Fl. 2
	9:05	W Levels 6 & 7 Age 7			

Session 7, Level 3-8 Women age 8, Men age 7-U	9:25	M Level 3 Age 7-8		9:25	M Level 3 Age 6-U
	9:35	M level 4 age 7-8		9:35	M Level 5 Age 7-8
	9:45	W Level 7 Age 8		9:45	W Level 6 Age 8
	10:00	W Level 4 Age 8 Fl. 1		10:10	W Level 5 Age 8 Fl. 1
	10:25	W Level 4 Age 8 Fl. 2		10:35	W Level 5 Age 8 Fl. 2
	10:50	W Level 4 Age 8 Fl. 3		10:55	W Level 3 Age 8
	11:15	W Level 4 Age 8 Fl. 4			

11:30-12:00 Level 9-Elite Finals Open Training

12:00 Grand March-In of Teams

Session 8, Level 9-Elite Finals	1:00	Sr, Jr, Open Men			
	1:30	Sr, Int, Open Women			
	2:00	Jr Women			
	2:20	YE 13-14 Women		2:20	Level 9 age 11-14 Men
	2:45	YE and Level 10 Men all ages		2:35	Level 9 Age 13-14 Women
	3:00	YE, Level 9 & 10 Age 11-12 Women		3:00	Level 9 Age 15+ Men
	3:20	Level 10 Age 13-16 Women		3:20	Level 9 Age 15+ Women

Saturday April 19th Tumbling

Session 9, Level 3-8 Women Age 9	3:35	W Level 8 Age 9		3:45	W Level 7 Age 9
	4:00	W level 6 Age 9 Fl. 1		4:10	W Level 5 Age 9 Fl. 1
	4:20	W Level 6 Age 9 Fl. 2		4:30	W Level 5 Age 9 Fl. 2
	4:45	W Level 4 Age 9 Fl. 1		4:55	W Level 3 Age 9
	5:10	W Level 4 Age 9 Fl. 2			
	5:30	W Level 4 Age 9 Fl. 3			

Session 10, Level 3-8 Women Age 10 and Men Age 9-10	6:00	W Level 5 Age 10 Fl. 1		5:15	W Level 3 Age 10
	6:25	W Level 5 Age 10 Fl. 2		5:30	W Level 4 Age 10 Fl. 1
	6:50	W Level 7 Age 10 Fl. 1		5:50	W Level 4 Age 10 Fl. 2
	7:10	W Level 7 Age 10 Fl. 2		6:10	W Level 4 Age 10 Fl. 3
	7:30	W Level 7 Age 10 Fl. 3		6:30	W Level 6 Age 10 Fl. 1
	7:50	M Level 3 age 9-10		6:50	W Level 6 Age 10 Fl. 2
	8:05	M Level 4 age 9-10		7:10	W Level 6 Age 10 Fl. 3
				7:30	W Level 8 Age 10
				8:00	M Level 5, 6 and 7 Age 9-10